

## IWD 2022

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International Women's Day

#IWD2022

#BreakTheBias



Emily Robinson

London Sport Chief Executive

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# CEO Emily Robinson shares her experiences on International Women's Day

*For [International Women's Day 2022](#), House of Sport spoke to three female leaders who are based in their offices, including London Sport CEO Emily Robinson, to learn more about the challenges they've overcome and the biases they've faced.*

[House of Sport](#) is a co-working space in the heart of London with a selection of offices, desks, meeting rooms and event space available for charities dedicated to sport and physical activity.

Below is a short selection of Emily's answers, [you can read the full blog here](#).

*Q. What the most important thing about International Women's Day to you?*

**Emily Robinson:** “It’s an opportunity to celebrate the great achievements of women and a reminder to stay angry that the journey to equality has a long way to go.”

*Q. Have you experienced bias during your career and how did you respond?*

**ER:** “I have experienced sexism in my career. Generally, I have found that it was more prevalent when I was younger, the idea that as a 'pushy young woman' I should have 'known my place' or 'stayed in my lane'.

“Sometimes you need to hold your ground and be prepared to advocate for your ideas and sometimes it’s fine to leave that environment and go to the place you can do your best work.”

**Read more from Emily, Women in Sport's Stephanie Hilborne OBE and DMC Sport co-founder Louise Gale, on the [House of Sport](#) blog: [available here](#).**

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## About London Sport

London Sport is a charity working to ensure more Londoners live happier, healthier lives through access to sport and physical activity. Supported by Sport England and the Mayor of London, we collaborate with those that share our vision, running and supporting projects that help children, young people and the least active adults to embed sport and physical activity into their lives.

For more information on London Sport, visit [www.londonsport.org](http://www.londonsport.org)

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